

TOSH'S KARATE ACADEMY

Now at Delta Valley Athletic Club

Monthly Fees:

- **Regular Class** is only \$65 per month for all ages above 7 years. (No Kinderkarate students). **Delta Valley Athletic Club Members receive 10% off karate dues.**
- \$30 for each **additional family member.**
- There is a one time **enrollment fee** of \$29 per family for all Regular Classes.
- **Kinderkarate** (ages 3-7) is \$35 per month with an enrollment fee of \$29 per child. Includes a free Kinderkarate T-shirt.
- **Weapons Training Class** is part of the karate membership, however, non-students can take this class for a drop-in fee per class
- **Kumite/Sparring** is with Grandmaster Tosh. Participants must bring their own sparring equipment.
- **Black Belt Class** is held **FREE** for all black belts, alumni black belts and instructors.

Special Rules and Restrictions:

Pay first and last months dues upon joining. Students must give 30 day written notice to terminate. Fees are due on the first of each month **whether the student trains or not.** Students may register at the beginning or end of any class on any day. The Academy is closed on all major holidays.

General Information

This system is an Okinawan hard fist style taught by Grandmaster Dan Tosh, 10th Degree Black Belt.

Grandmaster Tosh is the highest ranking black belt in the world in the Shorinkwoondoryu System of Shorin-ryu Karate. Dan Tosh has been training since 1958 and is a member of the prestigious International Hall of Fame. He is currently spreading the art and philosophy by personal instruction, video tape, movie production and book form.



This system is defensive, never offensive. The student will learn technique, kata (form), traditional kumite (sparring), self-discipline and balance. There are a number of karate schools in Northern California, but only a select few have quality, experienced, adult instructors. This dojo (training hall) is the world headquarters and serious martial artists continue to evolve from it.

There are evening classes available and everyone of all ages is invited to attend. We do not push the student and they do not compete with anyone but themselves. Attitude and humility are combined to create a self-confident, pleasant and well adjusted individual.

Karate Ni Sente' Nashi! (There is no first attack in Karate!)

Class Schedule www.shorin-ryu.biz

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
	4:45 to 5:45pm Regular Class		4:45 to 5:45pm Regular Class	8:00 to 9:00am Open Class
6:00 to 7:00pm Kumite with Grandmaster Tosh	6:00 to 6:45 Kinderkarate	6:15 to 7:15pm Regular Class	6:00 to 6:45pm Kinderkarate	Check www.shorin-ryu.biz for more information on classes and a current list of instructors.
7:15 to 8:15pm Black Belt Class Free to all Black Belts	7:00 to 8:00pm Regular Class	7:30 to 9:00pm Weapons Class	7:00 to 8:00pm Regular Class	



Located inside **Delta Valley Athletic Club**
120 Guthrie Lane, Brentwood CA 94513
925/240-2990 x307 | www.deltavac.com

